

Long non-coding RNA HOTAIR –a therapeutic target and a biomarker (with other lncRNAs) for diabetic retinopathy



Diabetes: Global perspective

2015



One in 11 adults
has diabetes

2040



One in 10 adults
will have diabetes



One in two
adults with diabetes
is undiagnosed

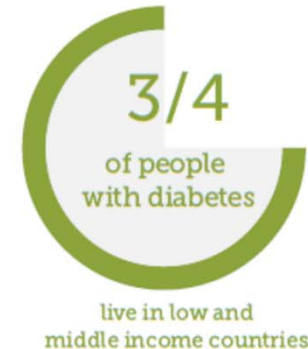


5.0 million deaths in 2015

\$673
billion



12% of global
health expenditure
is spent on diabetes

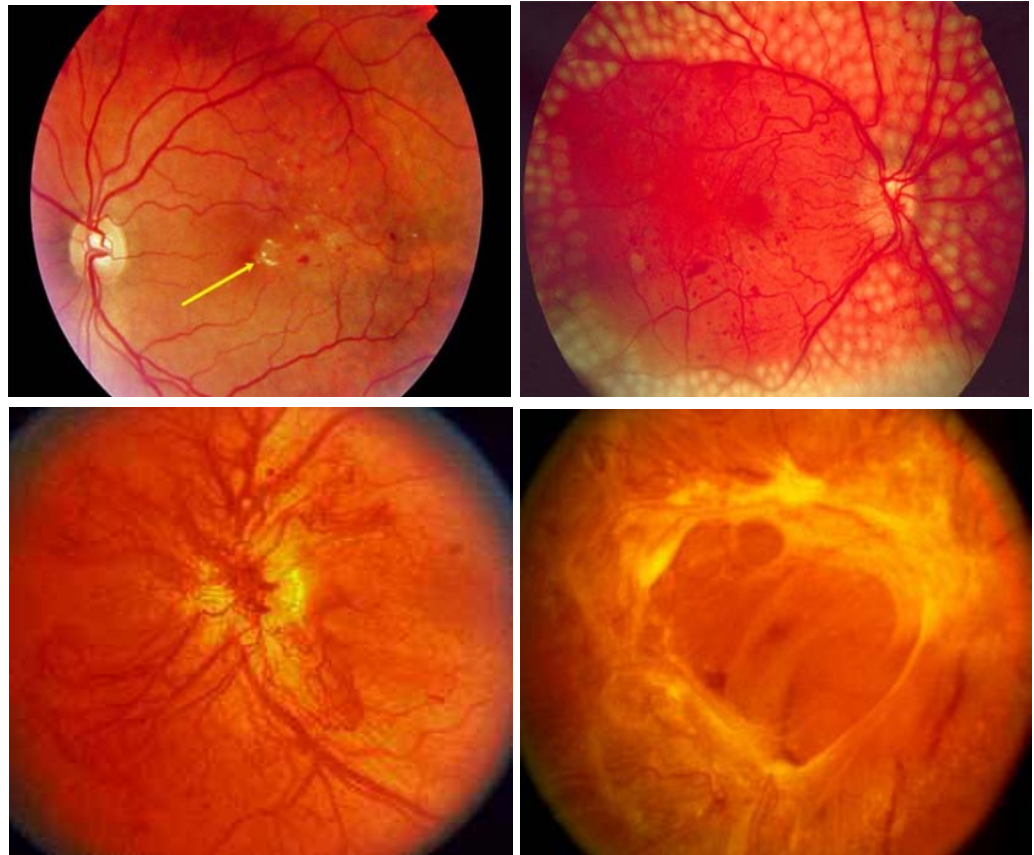


Diabetic retinopathy

- Complications
 - Affects 40% of diabetics
 - Macrovascular
 - **Microvascular****
 - Others
 - Infections

Prevalence rate of any retinopathy
in the adults with diabetes is~ 40%

Diabetes Canada



Problem



Therapy:

Current therapy for patients with diabetic macular edema and proliferative retinopathy:

Intravitreal injections of anti-VEGF.

Limitations:

frequent intraocular injections

Local or systemic adverse effects

unresponsiveness to anti-VEGF treatments .

Need: New Treatment

Diagnosis:

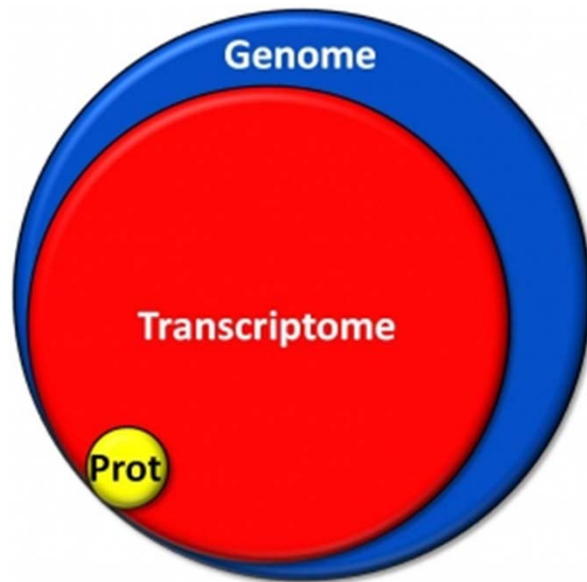
Limitations:

- Lack of blood based diagnostic markers of diabetic retinopathy
- Global challenge - difficulties in accessing specialists, trained and equipped for diagnosis and treatment .

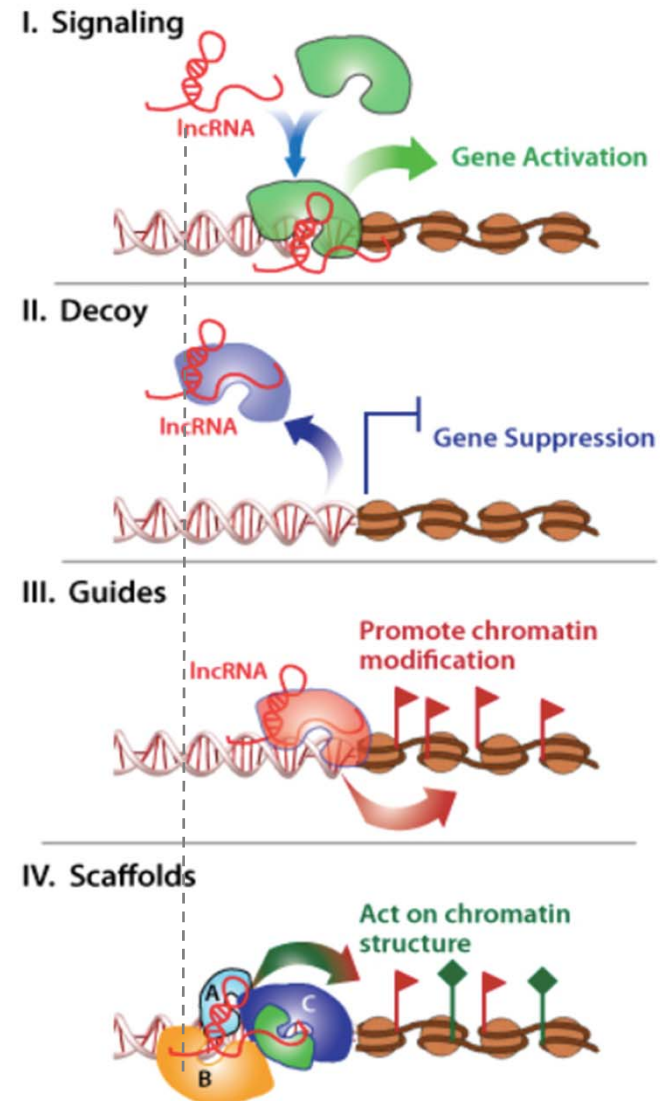
Need: Easily accessible quick and correct diagnostic test.

Specifically we explored long noncoding RNAs

lncRNA



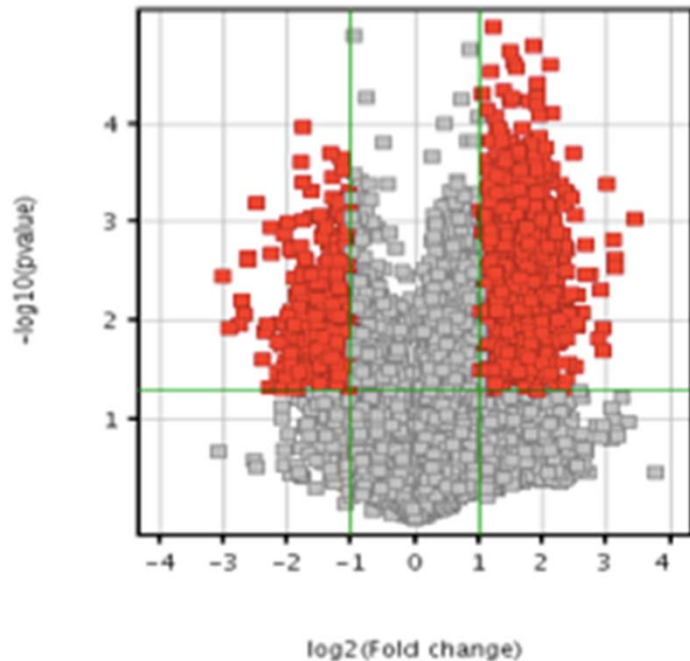
- < 3% of the genome is protein-encoded – rest non-coding (ncRNAs).
- lncRNAs- resemble mRNA
- >200bp in length
- *cis*-acting or *trans*-acting
- One ncRNA may regulate multiple transcripts



DIAGNOSTIC PROJECT

lncRNA in diabetic retinopathy

- We have done extensive work on various lncRNAs and miRNA (~25 peer reviewed publication on ncRNAs in diabetic complications, - extensive cell culture and animal experiments)



We examined the ones that may be important in vascular diseases

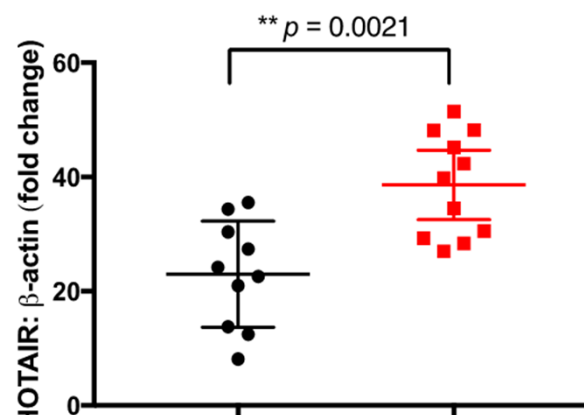
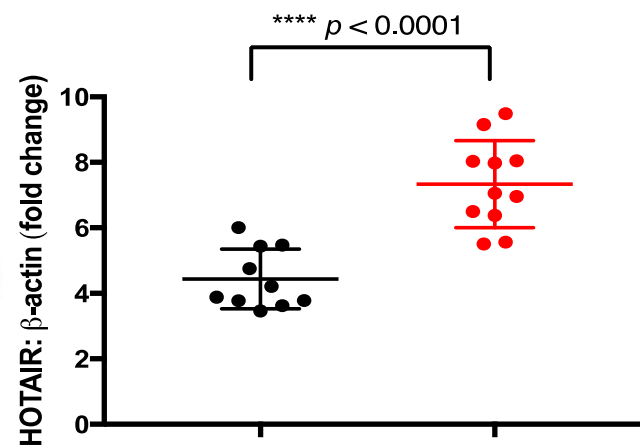
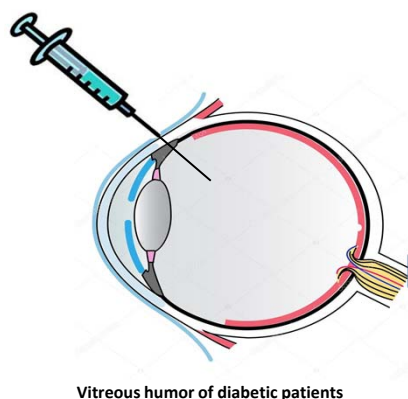
HOTAIR, ANRIL, H19, HULC, MALAT1, MEG3, MIAT, WISPER, ZFAS1

In this project:

we focused on HOTAIR

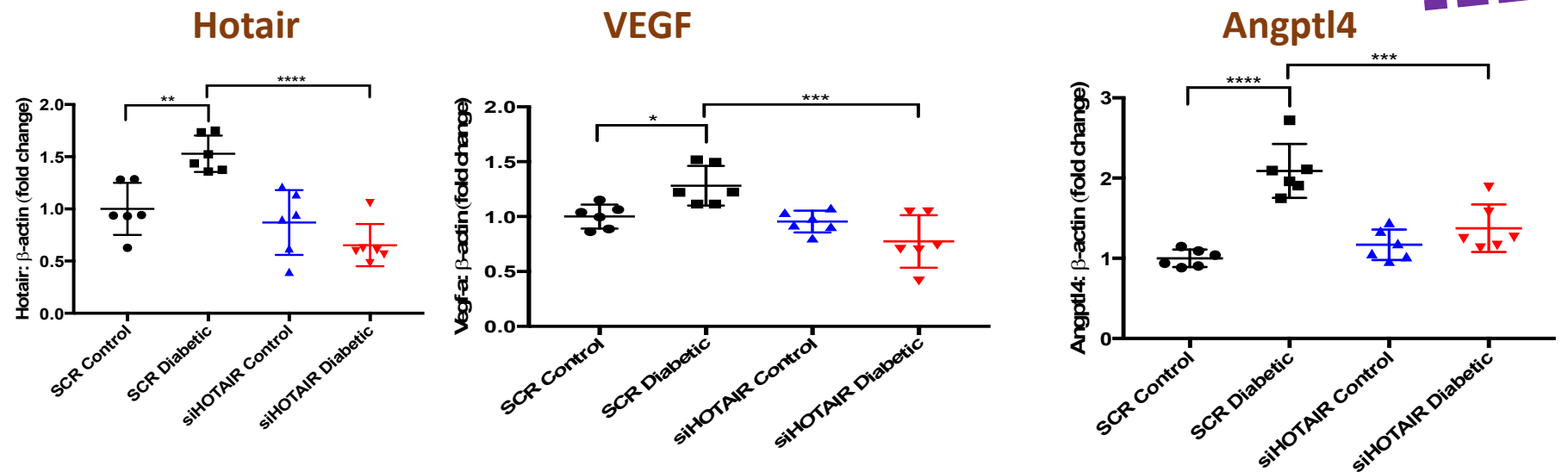
Glucose caused alterations of several lncRNAs in retinal endothelial cells

HOTAIR is upregulated in the vitreous and in serum in proliferative diabetic retinopathy patients

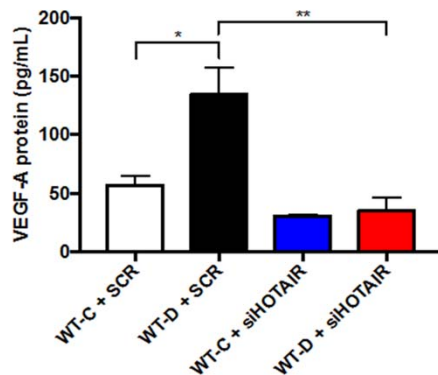


Serum and vitreous HOTAIR levels correlates in prolif. diabetic retinopathy patients

Intravitreal siHOTAIR prevents elevations of diabetes-associated molecules in the retina in animals



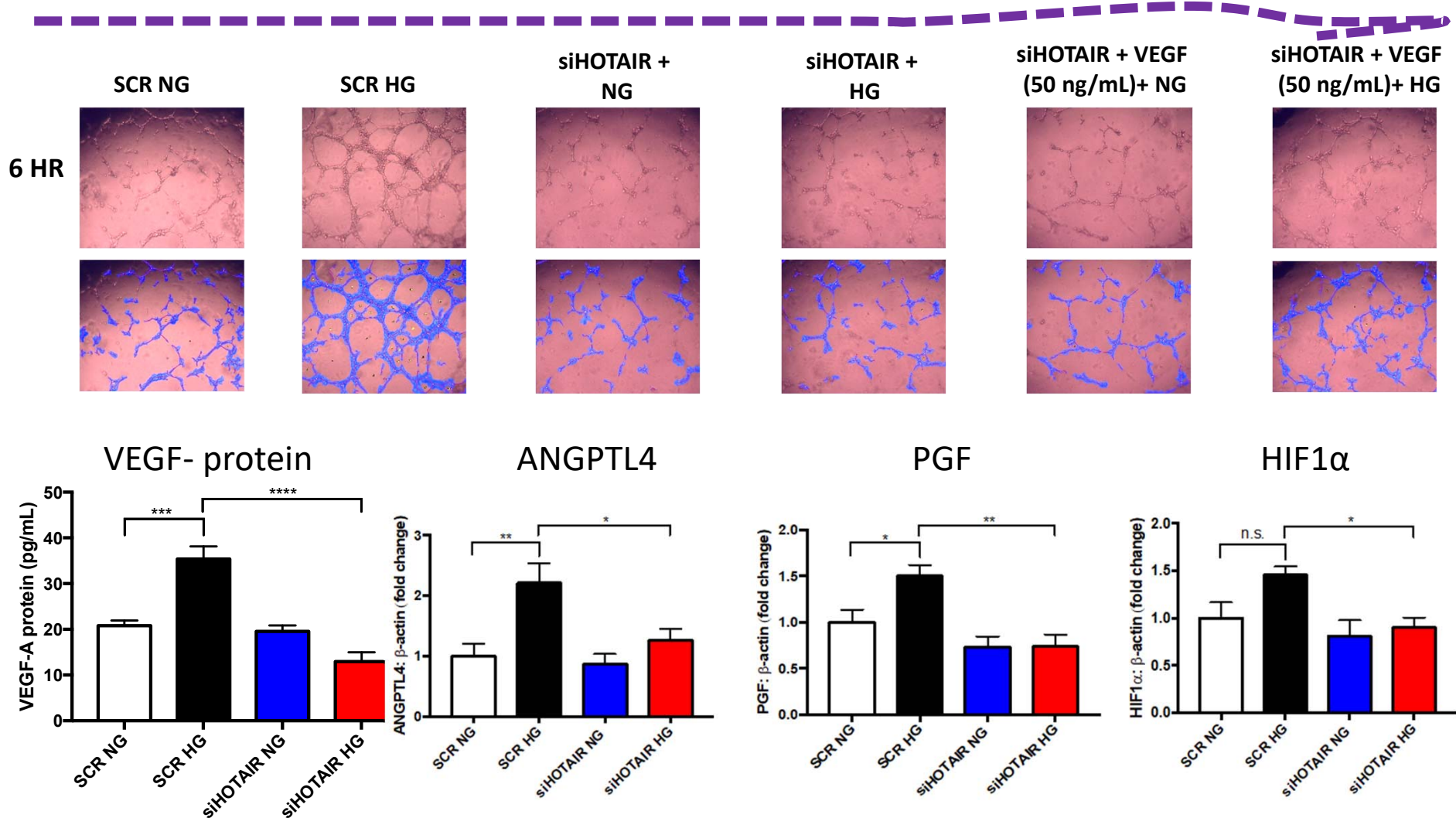
VEGF Protein



siHOTAIR also prevents elevations of a large number of molecules in the glucose exposed cells and in the retina of diabetic animals – **listed in slide 12**

- Weekly intravitreal siRNA injection for 1 month. No ocular or systemic toxicity were detected
 - Alteration of other diabetes-associated and epigenetic molecules were also prevented
- scr = scrambled and si= siRNA */**/** = significant

Glucose increases HOTAIR which mediates angiogenesis through VEGF-A and others

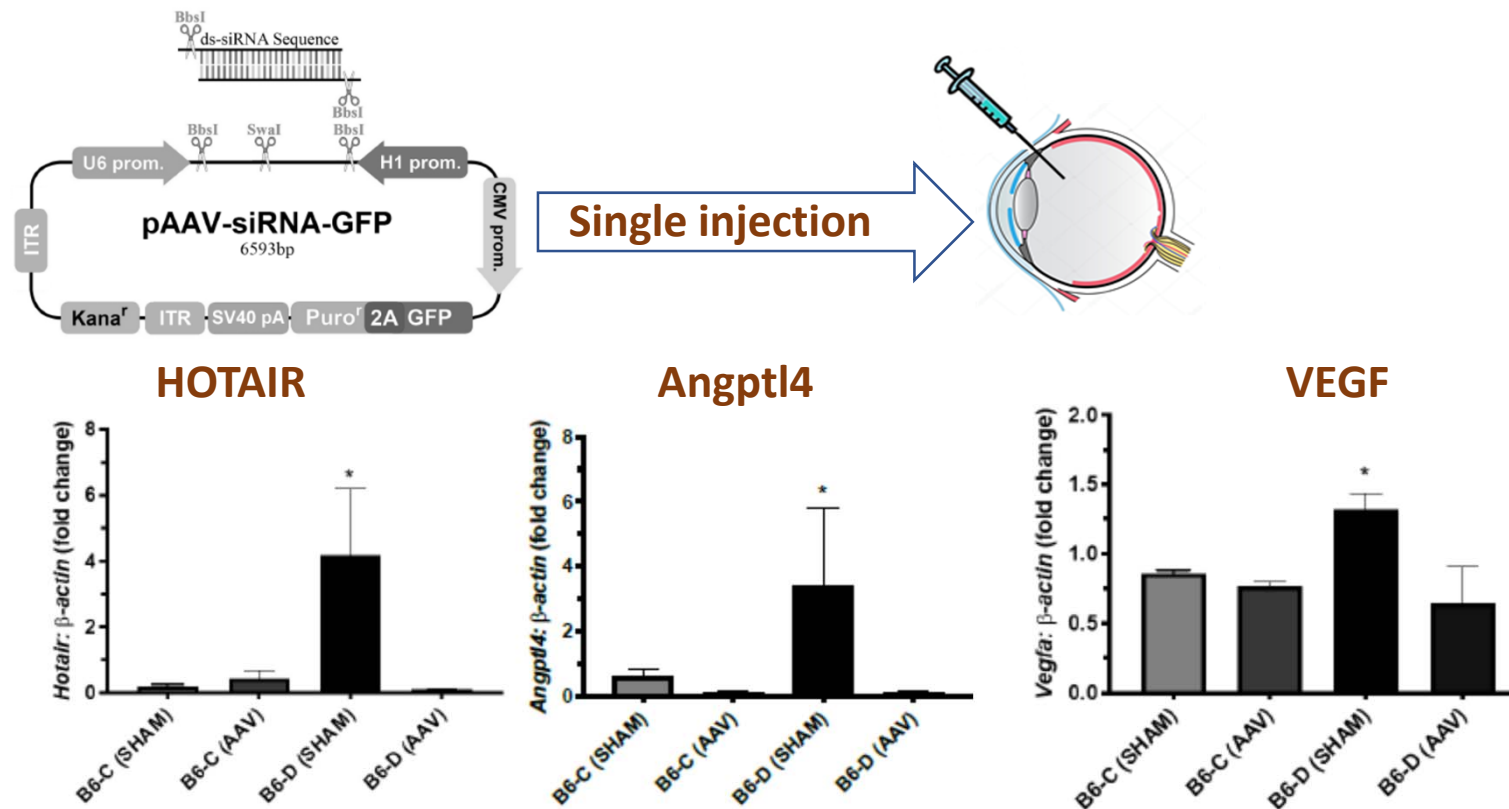


NG= 5mM glucose, HG=25mM glucose, si= siRNA, SCR=scrambled

We carried out extensive mechanistic studies re: HOTAIR

Biswas et. al IOVS: 62:20, 2021

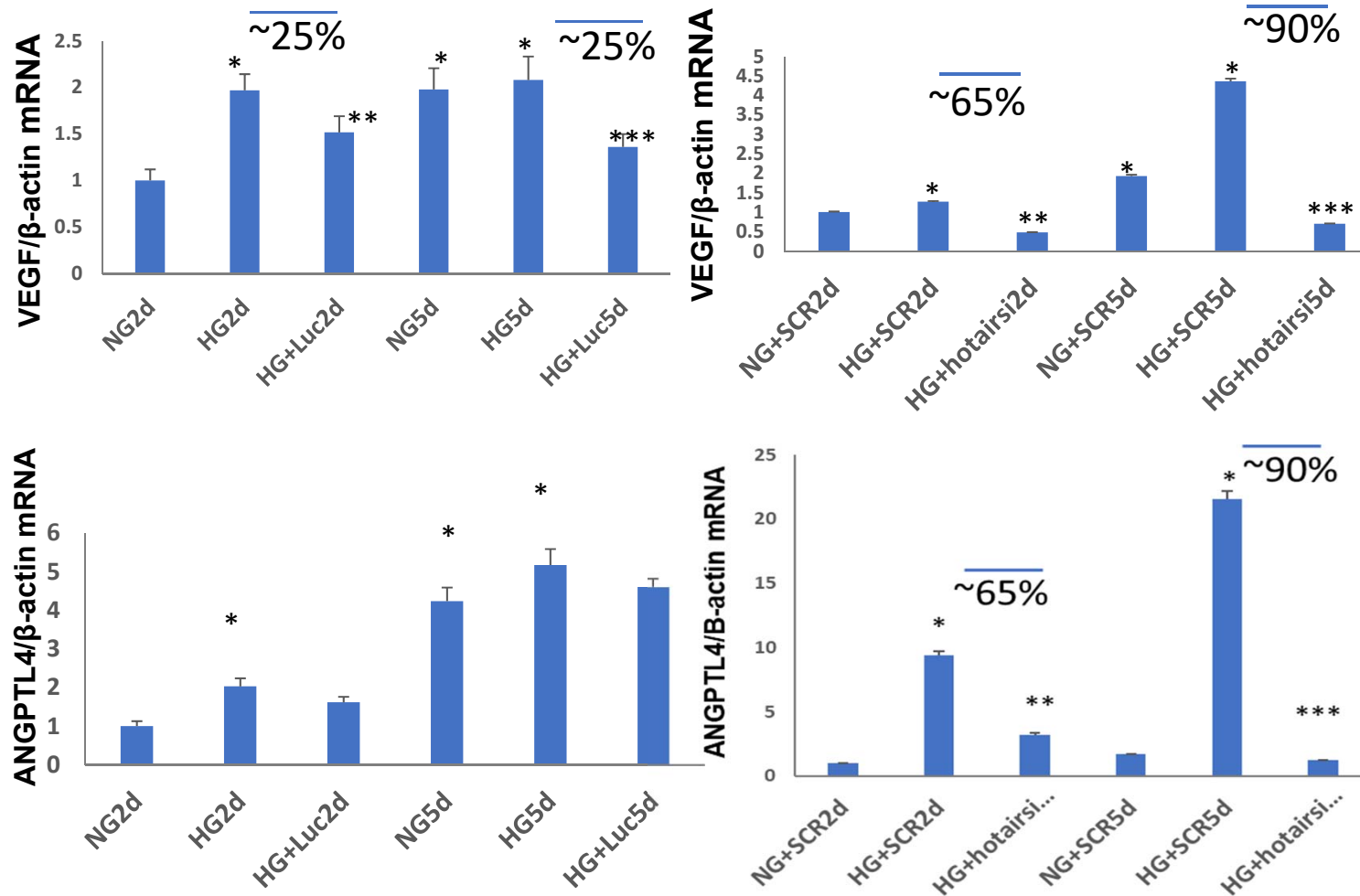
Long term effects can be achieved by a single injection of AAV2-siHOTAIR



- A single intravitreal dose of AAV2-siHOTAIR prevented increase in retinal HOTAIR, Angptl4 and VEGFa levels in the diabetic mice at 1 month of follow-up.
- No ocular or systemic toxicity were seen.

C= non-diabetic controls, D= STZ induced diabetic, SHAM = Vehicle, AAV= AAV2 siHOTAIR, * = significant

siHOTAIR is a robust and long lasting blocker of angiogenic molecules compared to VEGF blocker



NG= 5mM glucose, HG=25mM glucose, 2d/5d= 2days/5 days, SCR=scrambled, luc= lucentis

HOTAIR Knockdown Prevents Glucose-Mediated Induction of :



DNA and oxidative damage:

PARP-1 and cytochrome

Epigenetic Mediators:

EZH2, SUZ12, DNMT1, DNMT3A, DNMT3B, CTCF, and P300

Inflammatory mediators:

IL1B, MCP-1

Multiple Angiogenic Factors:

VEGF-A, ET-1, ANGPTL4, PGF, HIF-1 α

These are all important mediators of diabetic retinopathy.

At the functional level targeting HOTAIR prevents:



Retinal Mitochondrial dysfunction

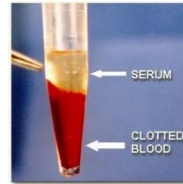
Retinal Dysfunction

permeability, angiogenesis

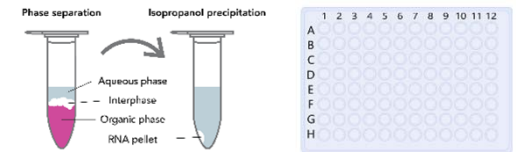
DIAGNOSTIC PROJECT



1. Family physicians sees the patient

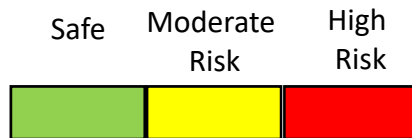


2. Blood work is performed, Serum is collected



3. Total RNA is extracted and RNA is prepared for qPCR IncRNA panel.

DR Severity/Probability Scale



Patient #2

Patient #1

Follow up by family physician

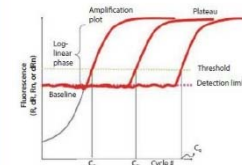
Referred to ophthalmologist

- Housekeeping gene
- Target IncRNA #1
- Target IncRNA #4
- Target IncRNA #7
- Positive control
- Target IncRNA #2
- Target IncRNA #5
- Target IncRNA #8
- Negative control
- Target IncRNA #3
- Target IncRNA #6
- Target IncRNA #9



Patient #1

Patient #2



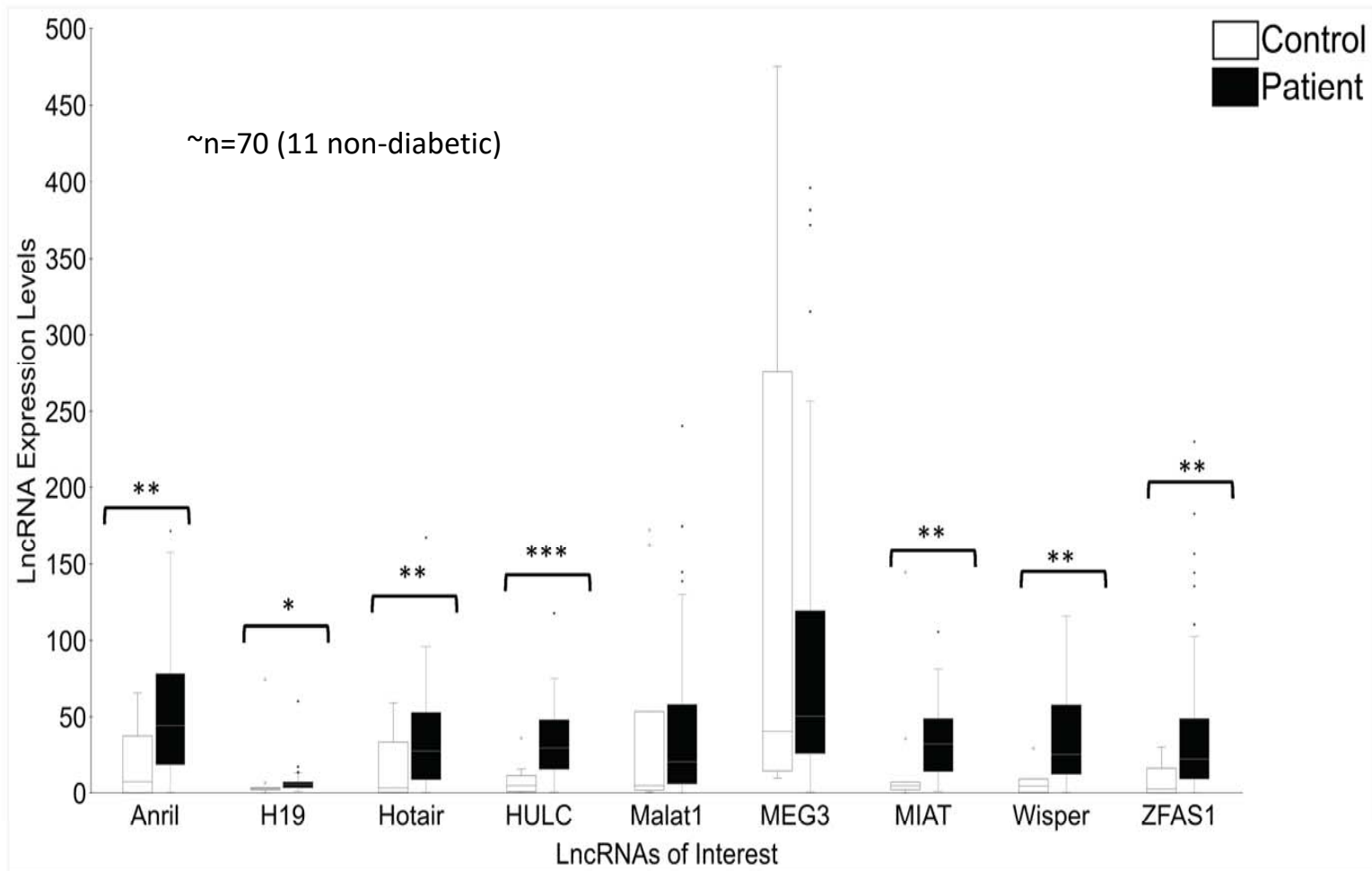
5. qPCR results are analyzed for the expression values for each target IncRNA.



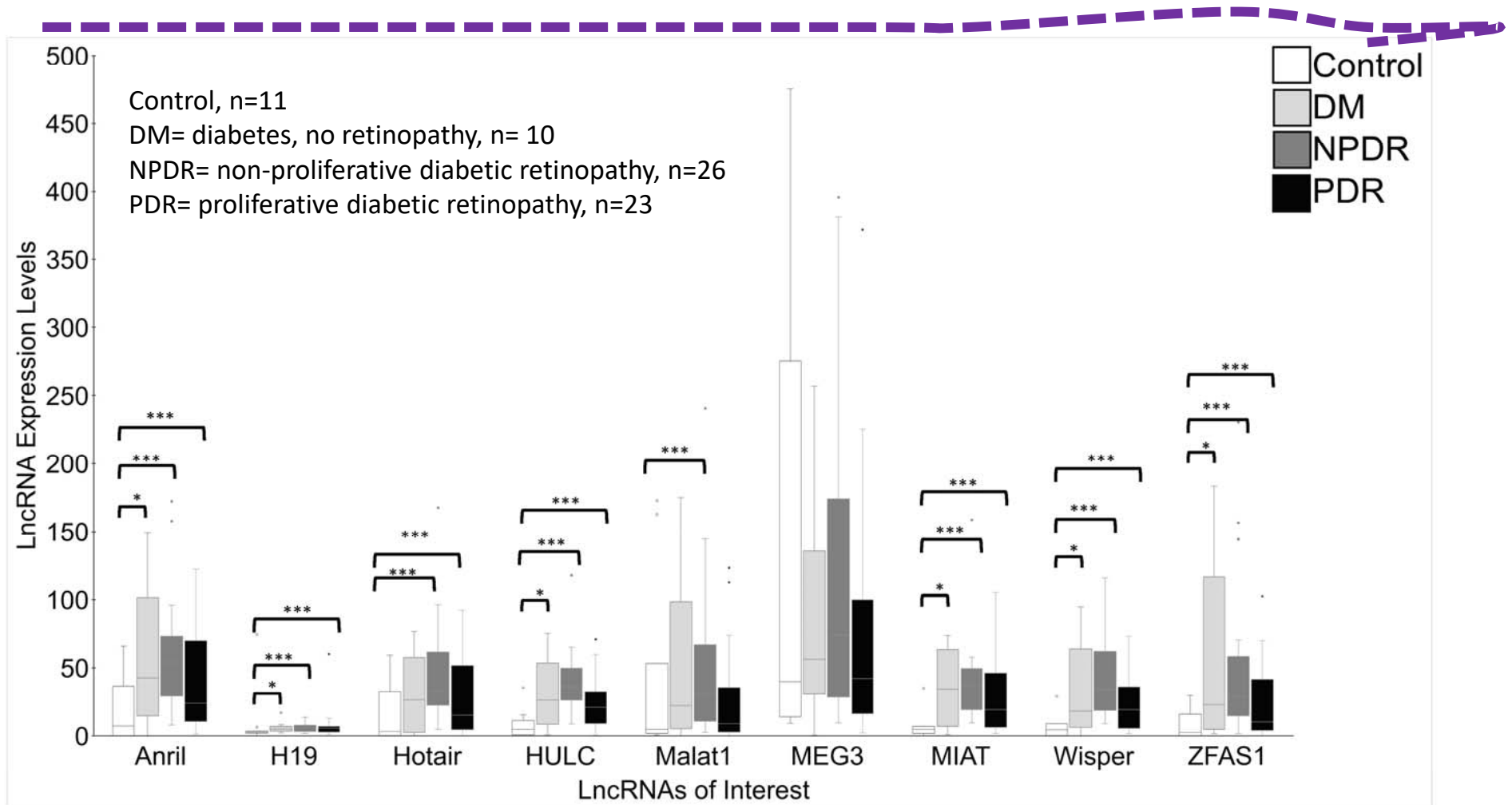
4. qPCR is performed using the IncRNA panel.

initial study – n=21 proliferative diabetic retinopathy patients (including 10 controls) – good correlation of vitreous and serum levels of HOTAIR and 8 other lncRNAs

lncRNA as a biomarker for diabetic retinopathy



lncRNAs as biomarker for diabetic retinopathy



- Using various combinations of serum lncRNA levels: we can identify a significant number of retinopathy patients (*FRONTIERS IN ENDOCRINOL.* – <https://doi.org/10.3389/fendo.2022.851967>)
- Larger study has been initiated

Summary of findings



Therapeutics:

- HOTAIR is increased in animal and human diabetic retinopathy
- HOTAIR is responsible for several lesions of diabetic retinopathy
- Silencing HOTAIR prevents pathologic changes in the animals
- Potential therapy for DR?

Diagnostic

- HOTAIR in serum and is increased in human diabetic retinopathy
- A panel of lncRNAs can be used as biomarker.

Current diagnostic and therapeutic modalities



Diagnostic tools:

- Optical coherence tomography (OCT)
- Fluorescein angiogram
- Wide-field retinal imaging
- Electroretinography (ERG)

Limitations:

- Lack of blood based diagnostic markers
- Global challenge - difficulties in access .

Treatments:

- Intravitreal anti-VEGF and steroid agents for PDR
- Vitreoretinal surgery
- Laser photocoagulation
- Maintaining near-normal sugar levels

Limitations (VEGF):

frequent intraocular injections
Adverse effects
unresponsiveness to anti-VEGF

Our approach potentially overcomes these limitation

Story about patent



Diagnosis and Treatment of Chronic Diabetic Complications Using long non-coding RNAs as Targets

US Patent Application number: 63/048389, EFS ID39918968, 07/06/2020

PCT international patent application No. PCT/CA2021050924 (July, 6 2021)

Main claims:

- HOTAIR may be used for RNA based therapy (Diabetic retinopathy and other conditions)
- A panel of lncRNA may be a diagnostic tool for diabetic retinopathy

Advantages and Benefits

Market Size (IDF 2021)

Diabetic Population 537 million
+541 million IGT

uses 9% of global healthcare \$
US\$966 billion

Target Market

Current diagnostic tools

Ophthalmoscopy
FFA
OCT

Difficulties

- ✓ Difficult to determine early cellular changes
- ✓ Highly trained individuals
- ✓ Resources

Competition – none

-No RNA based treatments are available
No blood RNA biomarkers are available

Benefits to Stakeholders

Physicians/Patients

- ✓ RX- Longer, robust effects with fewer adverse events
- ✓ DX - Early diagnosis and progression monitoring

Policy makers

- ✓ Screening tests save health care \$

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